

Instability in the New Energy

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Very well. We are going to tell you a story. Would you like to hear a story? Would you like to know that you *are* the story? We will start in a very traditional way as borrowed from this one's (Rebecca's) childhood memory.

Once upon a time there was an instinct and the instinct was to create. Not a thought, not a desire, not an intent but an *instinct*. And the instinct knew that in order to create it had to extend itself. It had to extend itself to embrace everything that was available so that something could emerge. It didn't go within itself because it was already completely aware of its own existence. It was only after it had become aware of its own existence that it could extend out and engage in the universe. (That is the same for you). As it began to extend out into the universe in all directions, some would say that it was visible as light, and as it extended out into all directions in the universe it came across many different aspects and elements of life. What it recognised as it extended out and came into action with all of these different elements floating around in space, was that all of these elements were actually as yet undiscovered potentialities of itself. And yet it asked the question; "How can I be discovering anything new if I began with an awareness of who and what I am? If I am already in totality, why am I out here discovering things that appear to be new?"

It then began to realise was that there was no joy in the inertia of knowing totality unless there was an experience of discovering itself in many other things. So the creative urge, the creative instinct continued on and began to discover new particles, new aspects of life. But every time a new aspect of life was discovered there was a recognition of the totality of itself within the discovery, and therefore there was an agreement, there was a recognition, and then there was a movement to something else.

How does this compare with your own experience when you move out into the world? The human doesn't move out into the world with a knowing of itself and its own totality, but it *will* seek to find itself in others. Humans are drawn to humans because they seek something of themselves in each other. Humans seek union with other humans because they seek to know themselves. Humans seek experiences because they seek to know themselves. But what is missing for the human experience and the human awareness is a complete acceptance of your totality *before* you meet and greet any other aspects of yourself.

The distinction here Blessed Ones is that if you are not already aware of your totality before you meet and greet yourself in your external experience, you will meet and greet an aspect and do everything that you can do make it malleable, to arrange it, to navigate it, to control it so that it reflects you. *This is how humans have learned to create. They have learned to create through this notion of attraction.*

But Creation itself in its original instinct is already aware of its totality so it does not seek to meet and greet something and have it reflect itself. It is not interested in changing something to match it

because already the awareness of totality is there. But it *is* interested in meeting and greeting something so that more can be experienced.

Now, let us explain to you how this works in terms of the elements of the universe.

There is an original instinct that exists, and within your 3rd dimensional reality everything is a particle. So out of the dark comes the instinct. The instinct moves out into the universe and it meets and greets another form of itself. As it meets and greets another form of itself if it is in attraction mode it will seek to fixate on it long enough so that it will identify itself in it. It will seek to align with it. "I want to align it with me". This is about creating stability. This is typically the *human* experience. Because humans do not like instability.

In universal law, creation itself - the original instinct - is *unstable*. This aspect of experience or person or what-have-you is stable because it already exists there. Remember, we are just giving this to you in terms of 3rd dimensional ideology so that you can grasp. It is already there. So when the stable comes out and greets the unstable the instinct of creation itself knows itself. It knows that it is in totality, it knows that it is unstable. It is not seeking to have this match it. It is seeking to see what this can do. It is exploratory and so as the instinct moves out this can become a whole manner of things. Anything can happen in that moment because unstable and stable has combined. Can you see it? There is nothing to do with attraction here at all because there is no exchange that is happening here and there is no mirror of effect. And the reason is because the creation force has already acknowledged its totality so it is not looking for agreement, it is not looking for replication, it is not looking for attraction, it is not looking for attraction because attraction is agreement, attraction is stability is it not? Can something co-exist in attraction if there is agreement there?

A question for you: Can two elements sit here in close vicinity unless they are in agreement? If you have a stable element and a stable element they can both coexist? That is attraction. They can both be there. When you have an unstable and an unstable element can they both exist there?

Yes.

Can they stay there?

No.

If there is an unstable and a stable element there they can't stay there in attraction. The only way that attraction can be is when there is stability and stability. That is the only way you can achieve the law of attraction. Now the law of attraction works because there is not already an assumption of totality there. You are playing with the physics of 3rd dimensionality. It is valid, it works, but will it give you anything new?

No.

Of course not. It will only give you what you already know. However, if you are willing to embrace your instability, embrace the unstable elements with you every time you come across an experience or a person, it is an opportunity to go right through it. Excellent – collision, because in your totality you are not interested in finding agreement in your life anymore. You are interested to see what

else can happen, what else can we do, what else is possible? And we know that we have mentioned this to you before but again let's take it back to the law of the universe that sees there is stability and instability.

So when we talk about your DNA and what's happening within you at this very time, that is unstable universal elements. Those chemical elements with different isotopes to your 3rd dimensional capsulation that are sitting there in your DNA are currently back on line and they are coming back on line and they are not really interested in anything you already know. They are not interested in attracting anything that you already know about. They are not interested because the creative instinct in you with the unstable elements in play is only interested in what you can ignite and when you are into ignition you are not really interested in the result. You are not creating for results.

When you are in *attraction* you are creating for a result. If you are in attraction you are just looking for more stability and if you are looking for stability then nothing is going to change for you. You know it – we showed you in the DNA how it works.

So therefore the sense of unease within you is because your mind brains can no longer tell you what it is that you are looking for because you are not looking for anything about attraction.

So the good news for you is that you are not actually stumbling around in the dark, you have actually just opened up to numerous and the only light that you are going to see (because remember you can't see your own light because you are looking out - we have given you an experience of looking in but in this reality you are looking out) the only light you are going to see is the light that happens when you ignite something. Because in that moment you are not interested in attracting anybody, you are interested in setting them on fire, you are interested in change. You are so clear that you are already complete that nothing is missing for you. The only thing that is missing is the stimulation of what can happen next and if you know that creation energy itself is a combination of stable and unstable you also know that your joy comes from playing with that balance, and we are saying to you on this day that your lives already have enough stability in them. You are not in a position in this current form of structural arrangement on your planet where we would be coming here and encouraging you that you actually need to find more stability. You are drowning in stability!

So it is our great joy and privilege to be here to tell you that this is where we need to really generate some more instability within you because that is igniting the unstable elements of potential and creation within your DNA so that things can begin to move. So be acutely aware in your daily habitual stable lives (even those of you that think you are not stable – you are incredibly stable!) because that is how your planet has been constructed – artificially. Be very aware that the more instability you feel within yourself, understand that that is the power of the creative force within you arising. Wonderful – now we can begin manifesting. And it doesn't matter if you don't know what you want. Excellent because consciousness doesn't know what it wants either. Who here thinks consciousness knows what it wants? If it knew what it wanted it would be attracting wouldn't it? Wouldn't it be in the creative force of attracting? If consciousness is here and this is the original instinct – “well I want to attract things” that is not how it works, that is what humans do and attracting is not creating.

In fact attracting is almost the antithesis of creation because when you are attracting nothing new is really happening. You are drawing towards you what is already known. If you are creating you have

got no idea what you are doing and anything is possible. That is why the greatest inventions of your time were accidents that happened from a place of instability. There is great legend that some of the greatest creators on your planet had madness. They weren't mad – they were unstable because they were embracing the instability of creation within your very being. It doesn't mean to say they were dysfunctional; it means to say that they couldn't be contained.

Those of you with children who can't be contained, there is so much instability within them, so much angst, so much anger, so much frustration. Wonderful, they are here to create and if you ask them what they want to do with it – they will likely say “I don't know” - because if you ask them what they want to create, you are asking them to be in attraction mode. If you ask them what they want to create you are asking them what they want to *attract*. This is about freedom, this is about having the freedom just to express the instability.

Now you may say unto us “isn't that destructive?” It is destructive to your concept of stability, but it is not destructive to humanity. It opens humanity up to more because when this kind of unstable energy is actually given free rein it doesn't destroy - it *creates*. It only destroys when it is met with limitation and then it only destroys limitation or it destroys the person's identity. Can you see it?

So we are telling you these things because you are reigniting within your cellular systems, and within your blueprints you have unleashed unstable elements within you. Did you know you came here to become unstable?

So, what does your life look like for you when you begin to create from instability?

Exciting?

It can be exciting as it is trying new things yes. It is about being willing not to commit, to not be concerned about outcomes. Now when the creator instinct merges with a stable concept, belief, person or experience, there is an ignition and the more fragments that get created, the more your attention is demanded in the now. And then it moves from place to place to explore what is now available. The attention is not back here: “Oh no what did we do to poor Stable?” It is just about ‘what next’. You can't be retrospective if you are in creation.

Why do you think your memories are fading? Because you cannot be retrospective if you are creating. You cannot! You just leave things in your wake. You have created ripples behind you, you have created new waves of movement and knowledge and awareness and openings for you. But are you standing there lamenting the fact that you created ripples in the stillness of stagnation or are you chasing the next fragment? That is why your lives feel like they are accelerating – and they are. There are very few of you that feel like nothing is happening. There is a lot happening and if it is not happening to you it is happening around you. So the focus here is keep following the next bit and the next bit and the next bit. Try and keep up. That is why you are feeling like you are accelerating because now your attention is no longer here.

That is the nature of consciousness – never retrospective – NEVER!

So where does guilt exist then and where does shame exist? Is it possible for guilt and shame to exist if you are always chasing the next particle and that is where your attention is? It is impossible.

Agree? It is a nonsensical concept in fact – shame and guilt. So in terms of your DNA then what does shame and guilt do?

Stagnate.

What does it do? It keeps you here and it keeps you in stability. “Oh no, we blew stability up.” Shame on Guilt!

It relies on historical reference as well.

Of course it is retrospective entirely and it stops you from following what you have created. In other words if you are only here for service, you get to create one thing maybe and then the shame and the guilt mechanism comes in. Because you have used your instability the guilt and shame mechanism in the DNA kicks in and then you don't really get to do anything else other than that. That is it. Then you are in service and then you get to assist everybody else move ahead. Spiritual service – yes. Karmic cycle – the shame and the guilt. Sorry, do not pass go, do not collect \$200! You get stuck there, can you see it? It is a mechanism. It is not even an emotion. Listen carefully: it is a *mechanism*. It is a mechanism in the DNA where every time when there are more unstable aspects of the elements ignited then the stable aspects in the DNA (the mechanism) kicks in to bring everything back into a situation where there are more stable elements in the DNA than unstable elements, and then you don't take action to create. Can you understand it?

So is the stable and the unstable a bit like comfort and discomfort and if you are in the middle path you are touching the sides?

If you want to be in the middle that is where creation happens. But what we are talking about is the mechanism that stops you every time the agitation comes up. Do you remember when you have been with others and agitation comes up? Quite often what happens is that the instability moves over so that you can immerse in the stable because of the fear, the shame and the guilt – “we don't want to be disruptive”. Think about the past in this moment, you have made mistakes, you could fail. What happens to those who are disruptive? It is a mechanism.

We want to use the word mechanism very very deliberately with you because so many of you get caught in the weight of the emotion and yet it is a mechanism that you translate as an emotion. So it is important that when it arises in you to say “oh that is a mechanism, I know what that is and I am going to allow the irritability to be louder than the guilt”. Have you noticed how irritability and guilt can't actually coincide at the same time? Have you noticed this? You can be very irritable about something and then as soon as you start to feel guilty about being irritable the irritability subsides. They can't coexist together. You can oscillate between one and the other but you can't have both. Why? Because it is a mechanism. It is a switch. The shame and the guilt switch off the irritability and the agitation of the unstable elements in the DNA. Isn't it wonderful how clever it is and how simple? Can you see it?

Very well.